

School Safety Courses

Fire Safety for Schools: Sound the Alarm Video

In the past several years, firefighters responded to a fire in an educational facility every hour. With scary statistics like this, it is clear why fire safety and pro-active training is necessary. This program explains why fires start and what your facility can do to prevent them. Should a fire occur, this program also outlines steps that should be followed by your staff to prevent injury. Included in this course:

- Emergency Action Plan
- How a Fire Starts
- Fire Prevention
- Safe Evacuation

Facility Security: The Critical Link

Most emergency situations arise with very little warning, and we now know that a terrorist attack can strike in any form. This course highlights important points in maintaining facility security and shows that in an emergency situation, *human intelligence* is the critical link. This course includes:

- Bombs, fire, fraud, chemical and biological weapons
- Security measures and ID checks
- Perimeter Security and Building Access
- Recognizing Suspicious Activity
- Electronic security and cyber-terrorism

Emergency Action Plan

OSHA's 1910.38 requires that each company develop a workable Emergency Action Plan. With the new threats facing our society today, such a plan is required not only for compliance, but also for survival. Make sure your organization has a well thought out plan in place by following the guidelines provided in this program.

- Developing an effective emergency plan
- Emergency alarm and evacuation
- Emergency supplies
- Medical services
- Employee training
- Cooperation with law enforcement/fire department

Bloodborne Pathogens for Athletics

Coaches, trainers and anyone who works with student athletes must be able to deal with bloodborne pathogens – disease causing organisms that can be released in the blood of the infected athletes upon injury.

Drawing on the latest guidelines from the Occupational Safety and Health Administration, this course on Bloodborne Pathogens for Athletics teaches you how to protect your athletes and yourself from three major forms of bloodborne pathogens: HIV, Hepatitis B & Hepatitis C. In this training program, you and your staff will learn:

- The nature of bloodborne pathogens
- How bloodborne pathogens are transmitted
- Methods to prevent exposure in the athletic setting
- Procedures to protect yourself
- How to use Universal Precautions to prevent the spread of infections.
- What to do if an exposure incident occurs

Heat Stress

This course provides a no-nonsense approach to heat stress and how to prevent or treat heat disorders. Topics covered include:

- Sunburn
- Heat rash, exhaustion, stroke
- Acclimatization
- Work Procedures
- Fluid Intake
- Eating Habits
- Clothing

CPR and AED for Schools

Sudden cardiac arrest can strike anyone, anywhere, at any time. Train your facility and staff on the four steps of the cardiac chain of survival – all of which must take place quickly to ensure survival. This program explains each step in detail and discusses how you can use your hands, lungs and brain to be part of the survival chain at your school or facility.

Hazcom for Schools

Paint or paint solvents in art... formaldehyde and other chemicals in science... chemicals used to develop and process film in photography...cleaning supplies used by maintenance staff and custodians... teach your facility and staff to work safely around common chemicals frequently mistaken as harmless with Central Tech's new course, *Hazard Communication For Schools: The Right to Know*. This course includes:

- Training requirements of OSHA's Hazard Communication Standard (1910.1200)
- Identifying Potential Hazards
- Physical Hazards
- Health Hazards
- Warning Labels
- Material Safety Data Sheets (MSDSs)
- Storage
- Disposal

Lockout/Tagout for Schools

This program covers training mandated by OSHA 1910.147 and demonstrates how to keep hazardous materials in your school under tight control.

- Reviews vital lockout/tagout procedures
- Graphically demonstrates hazards of uncontrolled energy
- Explains how and why to lockout

Confined Space Entry for Schools

This course will help your school comply with OSHA 1910.146 and help protect your staff when working in confined spaces. It covers:

- Entry Permit Requirements
- Safe Atmospheric Testing
- Personal Protective Equipment
- Training the entry team

MSDS

This course will help your employees use and understand the MSDS and in so doing help to control the chemical hazards in your facility. We will cover:

- Product Information
- Exposure situations
- Hazard prevention and PPE
- Toxicology, ecology and disposal

Bloodborne Pathogens for Schools

This course is fast-paced and upbeat – you are thrown into real-life scenarios and asked what went wrong in different Blood Borne Pathogens situations. After attending this course, you will know how to handle situations that may expose you to bloodborne pathogens. This course covers:

- Personal Protective Equipment
- Engineering Controls
- Housekeeping
- Safe work practices
- Aerosols and gargles
- Exposure Control Plan

Personal Protective Equipment (PPE)

This course compares the extreme dangers of auto racing to the industrial hazards worker encounter every day on the job. This course also discusses all aspects of PPE including safe use and maintenance, total body protection and hazard assessment. It covers:

- Protecting your eyes and face
- Protecting your hearing
- Protecting your head
- Protecting your feet
- Full protective covering
- Knowing the limitations
- Maintenance and disposal

Forklift Handling

Sometimes operators must handle forklifts in dangerous situations. This course will help operators avoid accidents by reviewing special techniques for special situations.

- Slippery surfaces
- Heavy traffic areas
- Loading docks
- Inside Trailers/Ramps

Powered Hand Tool Safety

This course shows you the main dangers that can be part of using powered hand tools. A variety of powered hand tools are shown in use in different job settings. Training is outlined along the lines of “avoid, protect, and defend”. You will see benefits of working safely with powered hand tools – on and off the job. You will learn how to:

- Avoid dangers
- Stay out of the way of tools
- Proper use of PPE
- Pre-use inspection of tools
- Predict dangers
- Good housekeeping
- Different categories of powered hand tools.

Back Safety for School Employees

Avoid back injuries in your school. Train teachers, administrators, bus drivers, custodial workers, librarians and cafeteria employees to protect their backs. This program covers:

- The basics of the back & spine
- Ways to avoid injuries
- Exercises to keep your back strong and in shape.

Office Ergonomics: It’s Your Move

Every year nearly two million American workers suffer musculoskeletal disorders. From pinched nerves and strained muscles to inflamed tendons and sore necks, musculoskeletal disorders (MSDs) come from stressing your body beyond its ability to recover. Today we know that MSDs can strike anyone... even people who work in offices. This course takes a look at MSDs and what you and your employees can do to prevent them.

Office Safety: It’s a Jungle in There

Every year, about six million people get hurt at work. And more than 400,000 are just like you....they work in offices. This course shows how working in an office is a lot like being in the jungle – the dangers are hidden and subtle.

Workplace Violence: The Calm Before the Storm

In one year alone, workplace violence accounted for one out of five work-related deaths in the US. This course is designed to help you identify the warnings signs of workplace violence and prevent it. This course includes:

- Characteristics of a potentially violent employee
- Violence Prevention Program
- Stress management and conflict resolution
- Threat-management teams

School Violence: Draw the Line*

Featuring family members of a victim of school violence and interviews with experts, as well as a violent perpetrator, this dynamic course provides compelling reasons to prevent conflicts in school and to stop bullying behavior from escalating into acts of violence. This course provides an excellent forum for:

- Teaching students how to avoid or resolve conflicts.
- Providing students with definitions of bullying and its consequences
- Offering strategies for dealing with situations that may seem overwhelming to a young person.

Bloodborne Pathogens for School Bus Drivers

It's important to protect the lives of children while transporting them to and from school. This critical program will help ensure that bus drivers understand Standard Precautions that can prevent the spread of bloodborne diseases.

- Bloodborne diseases in transportation
- Transmission and prevention
- Personal protective equipment

Bloodborne Pathogens for Cafeteria Employees

This course will teach your cafeteria employees the proper precautions to take in order to work safely around food and to keep themselves safe and free from potential disease. It covers:

- HBV, HCV, HIV
- Hazards specific to a cafeteria
- PPE and personal hygiene
- Accidental exposure

Food Service for Schools: Keeping it Clean*

When you work with food, you hold the lives of other people in your hands. This course teaches school cafeteria employees what they can do to keep food safe and free from contamination. Including:

- Personal hygiene
- Proper hand washing
- Maintaining a clean facility
- Sanitation

Groundskeeping Safety: Dealing with Bugs and Critters

This course is designed especially for public works, utility government employees or anyone whose job function includes grounds maintenance or outdoor responsibilities. It is essential for a safe work environment. We will discuss:

- Preventing risks such as West Nile Virus
- Basic PPE
- Snakes, wasps, bees, fire ants
- Poison ivy/oak
- First Aid

School Bus Drivers: Dealing with Behavior*

Nearly 22 million students nationwide begin and end their school day with a trip on a school bus. Luckily, buses are one the safest forms of transportation in the United States, mostly due to your professional school bus drivers. As you know, drivers must deal with children and effectively manage their behavior.

Our new course, School Bus Drivers: Dealing with Behavior, focuses on the types of student behaviors that are unacceptable on school buses and why, and covers common reasons for misconduct. It also outlines management techniques that your school bus drivers can use to prevent misconduct and to deal with situations that may arise. Help your school bus drivers learn how to manage student passenger behavior with this important training program.

Remember... our children's lives depend on it.

Playground Safety*

Playground Safety: Making the Grade is an innovative course that teaches school personnel how to maintain a playground and supervise the children on it to insure their safety. This course covers:

- Supervising the playground and establishing playground rules
- Making sure kids know how to use the equipment
- Making sure kids are dressed properly
- Handling various playground injuries